



**Martinsville City
Public Schools**

Empowering Success One Learner At A Time

COVID -19 Mitigation Health Plan

School Year 2020-21

Plan to Reopen

MCPS COVID 19 Team (all team members may not be needed for all meetings)

- Felicia Preston – Student Services
- Sheilah Williams – Food Services
- Sarah Byrd – Human Resources
- Damien Tarpley – Transportation
- Cameron Cooper – PH Principal
- Renee Brown – AH Principal
- Cynthia Tarpley – MMS Principal
- Aji Dixon – MHS Principal
- TJ Slaughter – Director of Safety
- Others as necessary including MCPS Cabinet

Point of Contact by School

- Clearview Early Childhood Center – School Nurse Coordinator or assigned nurse
- Albert Harris Elementary School – Melinda Pritchett
 - mpritchett@martinsville.k12.va.us
- Patrick Henry Elementary School – Rhonda Watkins
 - rwatkins@martinsville.k12.va.us
- Martinsville Middle School – Toya Johnson
 - tjohnson@martinsville.k12.va.us
- Martinsville High School – School Nurse Coordinator

Martinsville and Henry County Health Department Contact Information - Point of Contact

Sharon Ortiz, Epidemiologist
295 Commonwealth Boulevard
Martinsville, Virginia 24112
276-638-2311

Contact to the local Health Department should only be made by the School Nurse Coordinator and/or School Division Designated Contact.

Plan for health and absenteeism monitoring/approaches

Attendance will continue to be a priority for student success (virtually and in person). On days students are scheduled for in person instruction, regular attendance procedures will be followed including phone calls (manually made by designated school personnel) for scheduled students who are not in school. For present students on in person instructional days, a P will be placed in PowerSchool. On days in which students are to attend school virtually, a V will be placed in PowerSchool to indicate attendance and calls will be made for students who did not sign in. Student attendance will be monitored by sign-in/log-in analytics through a program selected by MCPS Instructional Department (not yet determined) -

PowerSchool will continue to be used to monitor attendance using (P – Present, V – Virtual, U, UT, and E for absences). Daily attendance will be reported to and monitored by the Director of Pupil of Personnel Services or their designee.

Communications strategy

*Training for **all staff and students** regarding COVID-19 infection control measures will occur prior to the start of the school year. Trainings will include teachers, students, janitorial staff, bus drivers, coaches, etc. Trainings will take place during the preservice days scheduled prior to the school year. This includes, but is not limited to expectations and procedures for daily health screenings for staff, students, and visitors, healthy hygiene practices such as proper hand washing techniques, training on appropriate social/physical distancing requirements, staying home when sick, use of cloth face coverings, etc. (Utilize CDC and VDH training modules, nursing staff as well as assistance with the Local Health Department for specific training)*

If an outbreak, occurs in Martinsville City Schools, contact will be made to the local Health Department to seek guidance regarding school closure. The Division and its schools will be in regular communication with our school community concerning any school closings, school openings, and related information.

See MCPS Specific Procedures (below)

See Plans for Health Services (below)

See MCPS Plans for Athletics and Extracurricular Activities (below)

Maintaining Healthy Environments

The Executive Director of Finance will order supplies in collaboration with Directors, Principals, etc. based on the needs of the division/schools – each school should indicate supplies needed (supplies must meet CDC requirements/recommendations). The maintenance staff will be trained separately regarding appropriate cleaning techniques, supplies to use, and expectations at the beginning of Phase I and in each subsequent Phase. Non-contact thermometers and contactless kiosk stations (for temperature will be purchased and used as well as appropriate PPE for each school, department, area, etc. within the school division. MCPS will ensure that staff/students and visitors have access to the following:

- *Water, soap, hand sanitizer (signs will be in place to promote proper handwashing techniques)*
- *Paper towels, tissue paper*
- *Gloves (non-latex), masks (PPE that prevents or minimizes viral transmission), face shields or goggles*
- *Cloth face coverings/masks as required by the local public health officer*
- *Disposable health items (non-reusable)*
- *EPA cleaning supplies,*
- *Open-faced trash cans.*
- *Non-Contact thermometers*

See Plans for Health Services (below)

The Executive Director of Finance will also work with the Director of Facilities Management to ensure all buildings are equipped with the proper sanitizing materials, hand sanitizer stations, contactless water fountains, etc. The technology staff and teachers will be trained on how to handle equipment such as computers, iPads, etc. after student use – cleaning of clearly defined drop off and pick up areas along with waiting 72-hours after drop off before beginning to handle materials. All paper packet supplies, when returned to the school, should not be handled for 24-hours. Parents will be informed of the proper procedures by each school for dropping off materials including specified times for picking up and dropping off materials and not coming to the school if they are symptomatic.

Staff will clean and disinfect high touch areas/surfaces within the educational setting using EPA approved disinfectants. These areas or surfaces may include but are not limited to:

- *Doorknobs/handles*
- *Light switches (unless electronically censored)*
- *Desktops*
- *Sink faucet & handles*
- *Restrooms knobs*
- *Keyboards, tablets, mouse, copy machines, phones, and laptops*
- *Playground equipment*
- *Shared objects (art supplies)*
- *Counters that students frequently touch (office, library)*

Staff will clean and disinfect frequently touched surfaces on school buses between routes.

Staff will follow manufacturer's guidelines for correct application and use of EPA approved disinfectants and keep products out of reach and away from children, in a locked closet or cabinet.

Staff will take steps to ensure that all water systems and features (for example, drinking fountains, decorative fountains) are safe to use after a prolonged facility shutdown to minimize the risk of Legionnaires' disease, lead accumulation, and other diseases associated with standing water.

*****NOTE: water fountains will not be used in schools initially.***

During COVID-19, toys, blankets, pillows, from home should not be brought to school.

Ventilation

The MCPS maintenance department will ensure ventilation systems operate properly. Staff will increase the circulation of outdoor air as much as possible, if appropriate. Please note that open windows and doors should be closed if they pose a safety or health risk to students or staff using the facility, or to protect privacy and confidentiality.

The HVAC systems will be checked, and filters will be routinely changed according to manufacturer standards.

MCPS Specific Procedures – Phased Re-Opening

Phase 1

Instruction:

- *School will remain closed*
- *Remote learning will be provided for all students.*
- *Laptops, USB drives, and/ or packets will be supplied to all students for remote learning.*
- *Teachers and school staff will provide educational and social/ emotional support of students through online conferences, emails, instructional videos, and phone calls.*

Nutrition:

- *The feeding program will provide pick-up services and bus delivery to all families.*

Health and Safety:

- *Buildings will be closed and deep cleaned.*
- *School Buses will be sanitized.*

Phase II

Instruction:

- *PK-3 will attend for face-to-face with social distancing on an alternating schedule.*
- *Grades 4-12 will participate in remote learning.*
- *Special Populations may attend for face-to-face based on IEP (Students with Disabilities) and ISP (English Learners).*
- *We will provide an option for remote learning for students with underlying health conditions and/ or parents not comfortable sending students to school.*
- *Teachers and school staff will provide educational and social/ emotional support of students through online conferences, emails, instructional videos, and phone calls.*

Nutrition:

- *Students attending school will receive breakfast and lunch in classrooms.*
- *Students not attending school will receive multiple meal delivery or pick-up.*

Health and Safety:

- *Buses will be cleaned between runs.*
- *Classrooms and buildings will be cleaned each evening.*
- *Students and staff will be screened upon arrival.*
- *Isolation, cleaning, and VHD notification plan is in place.*
- *PPE will be provided for students and staff.*

Daily Schedules:

- Clearview 7:45-2:40
- K-3. 7:50-2:45

Phase III

Preschool – Grade 5 Instruction:

- *Hybrid Learning -- remote and face -to -face available to all students*
- *Full -time virtual learning available to all students based on medical needs of students/ families and parental preference*

Daily Schedules:

- *Clearview 7:45 -2:40*
- *K -5 7:50 -2:45*

Grades 6 -12 Instruction:

- *Hybrid Learning -- remote and face -to -face available to all students*
- *Full -time virtual learning available to all students based on medical needs of students/ families and parental preference*

Daily Schedules:

- *MMS 8:20 -3:20*
- *MHS 8:25 -3:30*

Limit Sharing (PHASE 1-3)

- *Keep each student's belongings separated from others' and in individually labeled containers, cubbies, or areas.*
- *Ensure adequate supplies to minimize the sharing of high-touch materials to the extent possible (e.g., art supplies), assign supplies to a single student, or limit the use of supplies and equipment by one group of children at a time and clean and disinfect between use.*
- *If food is offered at any event, have pre-packaged boxes or bags for each attendee instead of a buffet or family-style meal. Prior to eating, make sure student's wash their hands or use hand sanitizer.*
- *Physical/social distancing markers/signs for individuals as a reminder for them to stay apart.*
- *Students will not be allowed to share drinks, food, and utensils.*
- *Students will not be allowed to share electronic devices, toys, books, and other games or learning aids.*
- *Students will not be allowed to bring toys to school.*
- *Meals will be eaten in classrooms to allow for physical/social distancing*

Ensuring Physical/Social Distancing (by Phase)

Phase 1 & 2

Classes will include the same group of students, teachers, and/or paraeducators each day. In the event of an outbreak, 'tracing' will be more conducive to this format and keep COVID-19 transference from other groups or teams.

If a teacher sees multiple students a day, s/he will clean the areas commonly touched by students prior to new students arriving. Instructional groups will be small enough to allow for social/physical distancing.

- *Students who are higher risk (medically fragile) continue to participate in distance learning, with physician-approved participation in school when appropriate.*
 - *Medically fragile and or special education students may not be excluded from school solely on their condition. The school nurse should work with the parent and healthcare providers in determining what is best for the student. Children with disabilities may not be denied access to education in the least restrictive environment.*

Mixing between groups will be limited as much as possible to decrease the likelihood of cross-contamination.

Students will be restricted from entering non-essential classrooms or areas within the building.

Field trips, inter-group events, and extracurricular activities will not take place (Phase 1)

MCPS will limit gatherings, events, and extracurricular activities to those that can maintain physical/social distancing, support proper hand hygiene, and will not participate in activities in higher transmission areas or with individuals from higher transmission areas.

MCPS will limit non-essential visitors, volunteers, and activities.

Student will be seated six feet apart during the instructional day and during all school-related activities. Students will also be seated at least six feet apart during transportation on school buses. Students will wear masks on buses.

Students attending school will receive breakfast and lunch in classrooms. Students not attending school will be eligible to receive multiple meal delivery or pick-up.

Phase 3

Classes will include the same group of students, teachers, and/or paraeducators each day. In the event of an outbreak, 'tracing' will be more conducive to this format and keep COVID-19 transference from other groups or teams.

If a teacher sees multiple students a day, it is recommended that s/he clean the areas commonly touched by students prior to new students arriving. It is also recommended that instructional groups be small enough to allow for social/physical distancing.

Mixing between groups will be limited as much as possible to decrease the likelihood of cross-

contamination.

Students will be restricted from entering non-essential classrooms or areas within the building.

Field trips, inter-group events, and extracurricular activities will not take place (Phase 1)

MCPS will limit gatherings, events, and extracurricular activities to those that can maintain physical/social distancing, support proper hand hygiene, and will not participate in activities in higher transmission areas or with individuals from higher transmission areas. (If in Phase 3, restricted participation will be to areas in Phase I and Phase II.)

MCPS will limit non-essential visitors, volunteers, and activities.

Student will be seated six feet apart during the instructional day and during all school-related activities. Students will also be seated at least six feet apart during transportation on school buses. Students will wear masks on buses.

Students attending school will receive breakfast and lunch in classrooms. Students not attending school will be eligible for multiple meal delivery or pick-up.

When picking up and dropping off students, parents will remain in their vehicles.

NOTE: During all phases, MCPS may have students on campus for SAT/ACT testing as well as students may also be allowed to come onto campus periodically to take school pictures by appointment. All students will be subject to the guidelines otherwise mentioned in our Health Plan to include wearing masks, temperature checks, symptom checks, and social distancing.

Plans for Health Services

Preparing, Triage, Monitoring Symptomatic, and Sick Spaces

If it is determined that students need additional support, they should be triaged prior to coming to the nurse's office.

For a person who is not coughing or sneezing, did not undergo an aerosolized generating medical procedure (AGP), and occupied the room for a short period of time, any risk to health care personnel and subsequent patients likely dissipates over a matter of minutes. In addition to ensuring sufficient time for enough air changes to remove potentially infectious particles, healthcare personnel should clean and disinfect environmental surfaces and shared equipment before the room is used for another student.

In general, the school will need to establish the following three areas:

<p>General Waiting Students waiting to be triaged (present to office with unscheduled needs)</p>	<p>Well Student Area (those students that have scheduled medical needs)</p>	<p>Students with COVID-19 Symptoms Area (may need multiple spaces)</p>
<ul style="list-style-type: none"> • Students with non-COVID-19 symptoms (e.g., injury, assessments) • Ask if they have been around someone with COVID-19 or have signs and symptoms of COVID-19. If yes, send immediately to COVID-19 isolation and call parent/send home. • Physical distancing marked off 	<ul style="list-style-type: none"> • Area for well students with health care needs that cannot be addressed in the classroom (e.g. diabetic and other noncontagious health care needs). • Ask if they have been around someone with COVID-19 or have signs and symptoms of COVID-19. If yes, send immediately to COVID-19 isolation and call parent/send home. • Physical distancing marked off 	<ul style="list-style-type: none"> • Areas for students with possible COVID-19 symptoms; away from others • Physical distancing marked off or in separate rooms
<ul style="list-style-type: none"> • Staff conducting triage should wearing gloves and masks, depending on the level of COVID-19 community transmission. Plexiglass or plastic barriers may be in place. 	<ul style="list-style-type: none"> • A trained staff member or school nurse provides care. • Staff delivering care should consider wearing gloves and masks. 	<ul style="list-style-type: none"> • Additional non-health compromised staff may be necessary to monitor students in areas not visible by the school nurse or health technician. Staff should wear gloves and masks. Restroom facilities need to be nearby for sick students (separate space) as younger students may have GI symptoms.
<ul style="list-style-type: none"> • Students sanitize/wash hands, • Clean area after students leave 	<ul style="list-style-type: none"> • Students sanitize/wash hands, • Clean area after students leave 	<ul style="list-style-type: none"> • Students sanitize/wash hands • Students put on masks • Non-contact thermometers • Isolate student • Separate phone (disinfect) • Separate restrooms • Establish procedures for safely transporting anyone sick home or to a healthcare facility. If you call 9-1-1, please share with the dispatcher if the individual has signs or symptoms of COVID-19 • Notify Public Health/contact tracing team • Ventilate the room to outside air after student leaves • Clean area 24 hours after

1. Students/staff who are symptomatic will be isolated as soon as possible, away from the office, staff, and other students.

2. *Symptomatic persons will don a face mask and sit in a room separate from all other students/staff.*
3. *Health services staff conducting any assessments on known ill individuals must wear Personal Protective Equipment (PPE). This includes medical grade face mask, gloves, gown and may include a face shield.*
4. *Sick policies and guidelines should be established for staff and students that encourage individuals who are feeling ill or exhibit signs and symptoms to stay or go home.*
5. *Prior to coming to school, students and staff should conduct daily symptom checks and stay home if sick or have signs or symptoms of COVID-19 even without documentation from a health care provider.*
6. *The use of perfect attendance awards and incentives during the COVID-19 situation will be discouraged.*
7. *Supervisors will identify critical job functions and positions, and plan for alternative coverage by cross-training staff.*
8. *Create a list of trained, reliable substitutes so staff can feel confident staying home while ill*
 - a. *Consistent/adequate sub pay*
 - b. *Teachers, instructional assistants, front office staff*
 - c. *Create a list of substitute school nurses*
 - d. *Train office staff to cover some health office responsibilities as back up*

Human Resources

The FFCRA, Families First Coronavirus Response Act, allows the flexibility for employees who are directly affected by Covid-19. It is administered and tracked within the context of Martinsville City Public Schools Family and Medical Leave Policy, GCBE, and Policy GCBD, Staff Leaves and Absences and GCBD-R, the regulation for GCBD which goes into greater detail.

Employees complete the MCPS Request for Emergency Paid Sick Leave and the accommodations are considered on a case by case basis and with attention to compliance with any instructions from doctors or medical professionals.

Teachers may contact the school nurse prior to sending the student to the office if they are uncertain or need guidance about student care. **Students should be triaged before they come to the office.** If students or staff arrive at the office, those potentially feeling ill with COVID-19 symptoms should immediately be relocated to an isolation area so as not to “contaminate” general health office space.

<i>Appropriate Office Visit</i>	<i>May Consider Classroom-Based</i>
<ul style="list-style-type: none"> • Symptoms of COVID-19 • Scheduled medications that may not be delivered by classroom staff; allow physical distancing; stagger times • Avulsed tooth • Scheduled Specialized Physical Health Care Procedures <ul style="list-style-type: none"> ▪ Diabetic care ▪ Catheterization ▪ G-Tube Feedings • Altered levels of consciousness/concussion • Difficulty breathing • Head injury/complaining of neck pain- DO NOT move, keep the student calm. Call 9-1-1 • Sudden vision impairment • Diabetic “lows” or unconscious • SEVERE bleeding or other traumatic injury; Call 9-1-1 • Severe abdominal/groin pain • Seizure (uncontrolled movement) do not hold down, remove objects that may cause injury • Signs and symptoms of Multisystem Inflammatory Syndrome in Children (MIS-C), which may include rash, swollen red eyes, hands, and feet. 	<ul style="list-style-type: none"> • Scheduled medications where designated school staff trained in the administration of medication may deliver medication to students. • Health services personnel visit classrooms and administer medication to the student (similar to hospital model). • To the extent possible, students self-administer medication that may be self-carried by law. • Minor Toothache / Primary Tooth comes out <p style="text-align: center;"><i>Small paper cuts, abrasions, picked scabs.</i></p> <ul style="list-style-type: none"> • Wound care/ Ice pack for small bumps/bruises • Localized bug bites. • Minor headache or fatigue with no other symptoms. • Mild stomachache or nausea. • Readily controlled nosebleeds, where the student can deliver self- care. • Anxiety/stress/psychological issue- try calming techniques and/or contact school psychologist or counselor

Promoting Behaviors that Reduce the Spread of COVID-19

Screening, monitoring, and testing are essential components of limiting the spread of COVID-19. An important part of keeping schools safe in all Phases is actively encouraging sick staff and students to practice healthy hygiene and to stay home if they are ill and emphasizing to everyone the importance of knowing the symptoms of COVID-19.

MCPS will check staff and visitor temperatures along with symptoms (or absence of symptoms) each day. MCPS will implement COVID-19 screenings safely, respectfully, as well as in accordance with applicable privacy laws or regulations. School staff will be trained on the school entry screening process per local school procedures. Parents will be asked to screen their children prior to coming to school daily.

School staff will be trained on the school entry screening process per local school procedures.

- *MCPS will implement COVID-19 screenings safely, respectfully, as well as in accordance with applicable privacy laws or regulations. Staff may self-check symptoms by utilizing tools from local/state health departments or the CDC.*
- *Privacy and confidentiality of protected health information should be maintained.*
- *Staff should stay home if they are sick and inform parents/guardians to keep sick children home.*

MCPS will educate parents/guardians on:

- *Keeping students home if they are ill and the length of time they must stay home: Persons with COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation consistent with current CDC and Virginia Department of Health (VDH) guidelines. As of the time of this Plan, these guidelines:*
 - *At least 24 hours have passed since recovery defined as resolution of fever without the use of fever-reducing medications; **and**,*
 - *improvement in respiratory symptoms (e.g., cough, shortness of breath); **and***
 - *at least 10 days have passed since symptoms first appeared.*
 - *Signs and symptoms of COVID-19*
 - *Need for accurate contact information and multiple emergency contacts*
 - *Importance of coming to school quickly to pick up their child, if called*
 - *Handwashing, face covering, maintaining appropriate distance/space using informational messaging to staff, students, and parents along with signage throughout buildings*
- *Staff or children who are sick should stay at home per CDC guidelines if they were exposed to someone with COVID-19 for 14 days after last exposure.*
 - *MCPS will contact the local health department if a person has been diagnosed with COVID-19 within the educational setting.*
 - *Based on local health department recommendations, MCPS may consider dismissing students and most staff for 2-5 days. This initial short-term dismissal allows time for the local health officials to gain a better understanding of the COVID-19 situation impacting the school and allow the local health officials to help the school determine appropriate next steps, including whether an extended dismissal duration is needed to stop or slow the further spread of COVID-19.*

- *MCPS will use an algorithm for non-licensed and licensed staff for student office visits. There will be a need to discern COVID-19 symptoms from other symptoms such as asthma and allergies, including guidance that can be used to determine whether a student should be isolated. See “COVID Screening Flowchart.”*

The School Division contact will call the local health department if a person has been diagnosed with COVID-19.

- *We will advise sick staff members not to return until they have met CDC and VDH criteria to discontinue home isolation (see previous page for CDC and VDH criteria as of the time of this Plan).*

MCPS, with guidance from the local health department, will inform those exposed to a person with COVID-19, with less than 6 feet of space for more than 15 minutes, to stay home per CDC guidelines and self-monitor for symptoms and follow CDC guidance if symptoms develop.

Signs and Symptoms

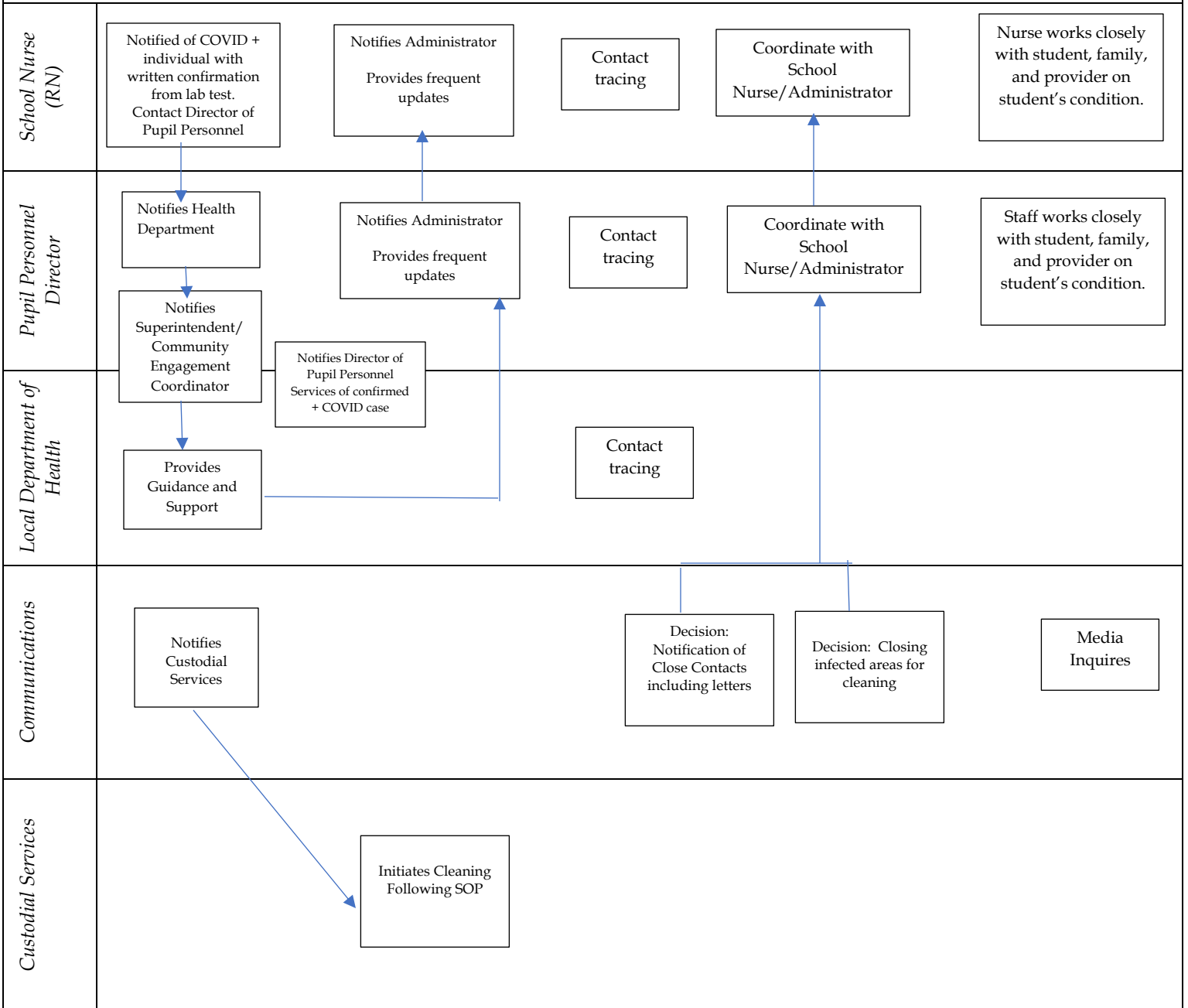
People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

People with these symptoms may have COVID-19:

- *Fever (100.4 degrees F) or chills*
- *Cough*
- *Shortness of breath or difficulty breathing*
- *Fatigue*
- *Muscle or body aches*
- *Headache*
- *New loss of taste or smell*
- *Sore throat*
- *Congestion or runny nose*
- *Nausea or vomiting*
- *Diarrhea*

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

Confirmed with COVID-19 Process



Employee Symptom Checker

Employee Name: _____ Site Location: _____ Month: _____

Instructions: Employees must undergo a symptom check prior to entering the workspace. Select Y= Yes or N= No and record. If you answer yes to any of the below questions, you must go home. For weekends draw a line through the date. If you have questions, please contact human resources.

Date	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Initials																																
Exposure to COVID-19 in past 10 days?	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Are you feeling ill?	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Record Temperature If >100.4 Stay Home	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Cough	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Shortness of Breath	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Difficulty Breathing	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Fatigue	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Muscle Ache	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Congestion or runny nose	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Sore Throat	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Headache	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
New loss of taste or smell	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Nausea	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Vomiting	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		
Diarrhea	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N		

*Information adapted and used from COVID-19 in Virginia Schools
School Health Services Recovery Plan Resources for K-12
June 2020*

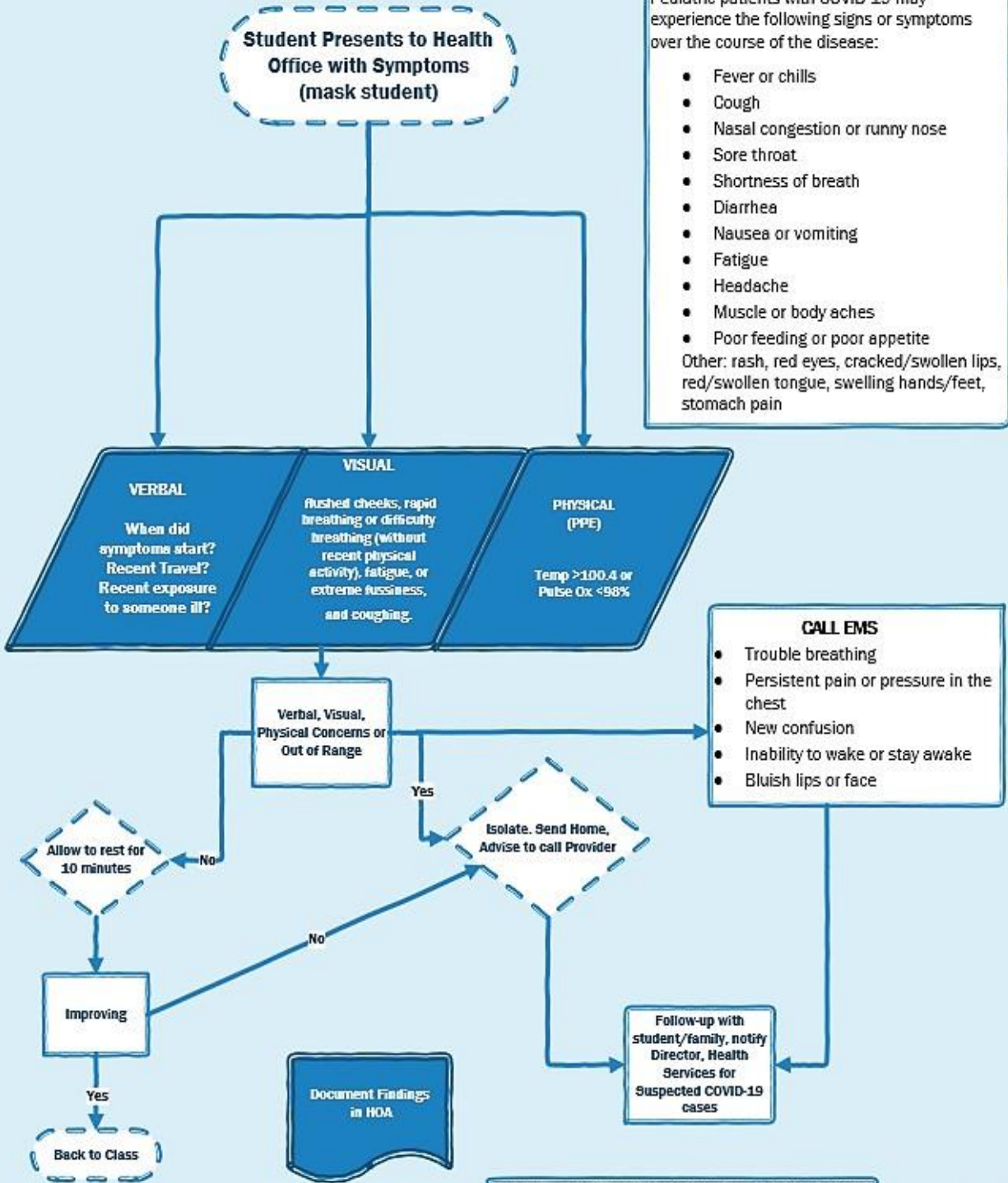
COVID-19 Screening Flowchart

This flowchart will be used for health staff to provide guidance on students who may present to the health office with COVID-19 like symptoms. This does not replace judgement based on identified findings.

Pediatric patients with COVID-19 may experience the following signs or symptoms over the course of the disease:

- Fever or chills
- Cough
- Nasal congestion or runny nose
- Sore throat
- Shortness of breath
- Diarrhea
- Nausea or vomiting
- Fatigue
- Headache
- Muscle or body aches
- Poor feeding or poor appetite

Other: rash, red eyes, cracked/swollen lips, red/swollen tongue, swelling hands/feet, stomach pain



<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html>
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Contact Tracing

Schools may play a critical role in contract tracing. Contact tracing, a core disease control measure employed by local and state health department personnel for decades, is a key strategy for preventing further spread of COVID-19 (CDC, 2020).

According to the CDC:

- *Contact tracing is part of the process of supporting patients with suspected or confirmed infection. Schools may contact public health when a student or staff member presents with COVID-19 signs and symptoms.*
- *In contact tracing, public health staff works with a patient (student or staff member) to help them recall everyone with whom they have had close contact during the timeframe while they may have been infectious.*
- *Public health staff then warn these exposed individuals (contacts) of their potential exposure as rapidly and sensitively as possible.*
- *Contacts are only informed that they may have been exposed to a patient with the infection, they are not told the identity of the patient who may have exposed them.*
- *Contacts are provided with education, information, and support to understand their risk, what they should do to separate themselves from others who are not exposed, monitor themselves for illness, and the possibility that they could spread the infection to others even if they themselves do not feel ill.*

Contacts are encouraged to stay home and maintain physical social distance from others (at least 6 feet) until 14 days after their last exposure, in case they also become ill. They should monitor themselves by checking their temperature twice daily and watching for cough or shortness of breath. To the extent possible, public health staff should check in with contacts to make sure they are self-monitoring and have not developed symptoms. Contacts who develop symptoms should promptly isolate themselves and notify public health staff. They should be promptly evaluated for infection and the need for medical care.

When to Seek Emergency Medical Attention

*Look for **emergency warning signs*** for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately*

- *Trouble breathing*
- *Persistent pain or pressure in the chest*
- *New confusion*
- *Inability to wake or stay awake*
- *Bluish lips or face*

**This list is not all possible symptoms.*

First Aid

First aid situations, to the degree possible, should be handled by the student and in the classroom to prevent office congregation and possible cross exposure. MCPS will

- *Enhance first aid training for school staff.*
- *Provide classrooms with a supply of gloves, band-aids, etc.*
- *To the extent possible, students provide self-care with staff direction and physical distancing*
- *Provide a mask to students in the classroom who report not feeling well before sending them to the school nurse's office.*

***The goal is to keep otherwise healthy students out of the school nurse's clinic where they can be exposed to illness.*

See the chart below for guidance on when to send students to the office or keep in the classroom.

Interim CPR Guidance

From the American Heart Association


- Make sure the scene is safe
- Call 911
- Limit personnel in area or scene of resuscitation
- Provide CPR with compressions and breaths (if rescuer is willing and able) otherwise perform Hands-Only CPR
- Follow standard precautions. Use a face mask or cloth covering of the mouth and nose of the rescuer and/or victim to reduce the risk of transmission of COVID-
- Use AED as indicated when it arrives.
- Continue CPR until EMS arrives

American Heart Association COVID-19 Guidance





Given the ongoing threat of exposure to COVID-19, the AHA is extending AHA Instructor and Provider Course Completion Cards for 120 days beyond their recommended renewal date, beginning with cards that expire in March 2020.

COVID-19 and Adult CPR

If an adult's heart stops and you're worried that they may have COVID-19, you can still help by performing Hands-Only CPR.



American Heart Association.

<h3>Step 1</h3>  <p>Phone 9-1-1 and get an AED.</p>	<h3>Step 2</h3>  <p>Cover your own mouth and nose with a face mask or cloth.</p>	<h3>Step 3</h3>  <p>Perform Hands-Only CPR. Push hard and fast on the center of the chest at a rate of 100 to 120 compressions per minute.</p>	<h3>Step 4</h3>  <p>Use an AED as soon as it is available.</p>
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COVID-19 and Child and Infant CPR

If a child or an infant's heart stops and you're worried that they may have COVID-19, you can still help.



American
Heart
Association.

Step 1

Make sure the scene is safe.

Check to see if the child or infant is awake and breathing normally.



Step 2

Shout for help.

If you're alone, phone 9-1-1 from a cell phone, perform CPR with 30 compressions and then 2 breaths (if you're willing and able) for 5 cycles, and get an AED.



If help is available, phone 9-1-1. Send someone to get an AED while you start CPR.

Step 3

Provide CPR with compressions and breaths (if you're willing and able).



■ Start child CPR

Push on the middle of the chest 30 times at a depth of 2 inches with 1 or 2 hands.

Provide 30 compressions and then 2 breaths.

Repeat cycles.



■ Start infant CPR

Push on the middle of the chest 30 times at a depth of 1½ inches with 2 fingers.

Provide 30 compressions and then 2 breaths.

Repeat cycles.

Use the AED as soon as it arrives. Continue CPR until EMS arrives.